

HEALTHY EATING POLICY

Purpose

The Dandenong Stadium recognises the vital role that healthy eating plays in sustaining health and reducing the impact of health problems such as cardiovascular disease, diabetes and some cancers.

Policy

Functions and Events

The Dandenong Stadium is committed to providing a healthy eating environment for all by ensuring that:

- A variety of healthy food choices are available and promoted at all Dandenong Stadium activities, events and functions.
- Caterers who are contracted for activities, events and functions will provide a variety of healthy food options.
- The different health benefits that foods can provide is promoted to members where possible.
- Wherever possible healthy food choices will be displayed more prominently than other foods.
- Healthy food choices are provided at competitive prices.
- Water is provided free of charge.

Healthy Food Options

The Dandenong Stadium endeavours to ensure that a range of healthy food choices will be available.

Procedure

This policy applies to all Board and committee meetings, programs, competitions, functions and events, and will embrace all Dandenong Stadium, officials, players, staff, performers and others taking part in Dandenong Stadium activities.

The Dandenong Stadium will implement the actions outlined in this policy daily. This policy will be reviewed annually to ensure it remains relevant to the needs of the Dandenong Stadium.
